

# How to Pray the Rosary

13. 3rd Decade  
Meditate on the 3rd Mystery  
10 Hail Marys

12. 3rd Mystery, Our Father

14. Glory Be, Fatima Prayer

11. Glory Be, Fatima Prayer

15. 4th Mystery, Our Father

16. 4th Decade  
Meditate on the 4th Mystery  
10 Hail Marys

10. 2nd Decade  
Meditate on the 2nd Mystery  
10 Hail Marys

9. 2nd Mystery, Our Father

8. Glory Be, Fatima Prayer

17. Glory Be, Fatima Prayer

18. 5th Mystery, Our Father

19. 5th Decade  
Meditate on the 5th Mystery  
10 Hail Marys

7. 1st Decade  
Meditate on the 1st Mystery  
10 Hail Marys

20. Glory Be, Fatima Prayer

21. Hail Holy Queen

22. Prayer After Rosary  
(Optional) Let us pray: "Oh God  
whose only begotten Son..."

6. First Mystery, Our Father

5. Glory Be

4. Three Hail Marys  
For the virtues of Faith,  
Hope and Charity

3. Our Father

2. Apostles Creed

1. Sign of the Cross  
Begin Here



# Rosary Prayers

## Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen. *(As you say this, with your right hand touch your forehead when you say **Father**, touch your breastbone when you say **Son**, touch your left shoulder when you say **Holy**, and touch your right shoulder when you say **Spirit**.)*

## Apostles' Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God, the Father almighty; from there he will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## Our Father

Our Father, who art in Heaven, hallowed be thy name; thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

## Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

## Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

## Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, lead all souls to heaven, especially those in most need of thy mercy. Amen.

## Hail Holy Queen

Hail Holy Queen, Mother of mercy; our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary. Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ. Amen.

## Rosary Prayer (Let Us Pray)

O God, whose only begotten Son, by his life, death and resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.

# Rosary Mysteries

## On Monday & Saturday, meditate on the Joyful Mysteries

First Decade: The Annunciation of Gabriel to Mary (Luke 1:26-38)

Second Decade: The Visitation of Mary to Elizabeth (Luke 1:39-56)

Third Decade: The Nativity of Jesus (Luke 2:1-20)

Fourth Decade: The Presentation of Our Lord (Luke 2:22-38)

Fifth Decade: The Finding of Our Lord in the Temple (Luke 2:41-52)

## On Tuesday & Friday, meditate on the Sorrowful Mysteries

First Decade: The Agony in the Garden (Matthew 26:36-46)

Second Decade: The Scourging at the Pillar (Matthew 27:26)

Third Decade: The Crowning with Thorns (Matthew 27:27-30)

Fourth Decade: The Carrying of the Cross (Matthew 27:31-34)

Fifth Decade: The Crucifixion of Our Lord (Matthew 27:35-50)

## On Wednesday & Sunday, meditate on the Glorious Mysteries

First Decade: The Resurrection of Our Lord (Mark 16:1-7)

Second Decade: The Ascension of Our Lord (Mark 16:19)

Third Decade: The Descent of the Holy Spirit on the Apostles (Acts 2:1-13)

Fourth Decade: The Assumption of Mary into Heaven (Judith 15:9)

Fifth Decade: The Coronation of Mary as Queen of Heaven and Earth (Revelation 11:19 - 12:6)

## On Thursday, meditate on the Luminous Mysteries

First Decade: The Baptism in the Jordan River (Matthew 3:13-17)

Second Decade: The Wedding at Cana (John 2:1-11)

Third Decade: The Proclamation of the Kingdom of God (Matthew 10:7-16)

Fourth Decade: The Transfiguration (Matthew 17:1-9)

Fifth Decade: The Institution of the Eucharist (Matthew 26:26-29)

13. 3rd Decade  
Meditate on the 3rd Mystery  
10 Hail Marys

12. 3rd Mystery, Our Father

14. Glory Be, Fatima Prayer

11. Glory Be, Fatima Prayer

15. 4th Mystery, Our Father

16. 4th Decade  
Meditate on the 4th Mystery  
10 Hail Marys

10. 2nd Decade  
Meditate on the 2nd Mystery  
10 Hail Marys

# How to Pray the Rosary

9. 2nd Mystery, Our Father

17. Glory Be, Fatima Prayer

8. Glory Be, Fatima Prayer

18. 5th Mystery, Our Father

19. 5th Decade  
Meditate on the 5th Mystery  
10 Hail Marys

7. 1st Decade  
Meditate on the 1st Mystery  
10 Hail Marys

20. Glory Be, Fatima Prayer

6. First Mystery, Our Father

21. Hail Holy Queen

5. Glory Be

22. Prayer After Rosary  
(Optional) Let us pray: "Oh God  
whose only begotten Son..."

4. Three Hail Marys  
For the virtues of Faith,  
Hope and Charity

3. Our Father

2. Apostles Creed

1. Sign of the Cross

Begin Here

